## SuperNova Kids' Make-it-Stick - Happy Mother's Day!

## TIME TRAVELERS!

Lesson Title: Zero for Ten!

Main Point: Kids will learn that God gave us good rules!

<u>Bible Verse:</u> "I am the Alpha and the Omega, the Beginning and the End," says the Lord God. "I am the God Who is, and Who was, and Who will come. I am the Mighty One." Revelation 1:8



In the Car: Ask your child what we did at SNK. Hint: Our Time Travelers went back in time, way back in time, to the scene where God was talking to Moses about Ten awesome rules He had for His people. Unfortunately, God's people wanted to follow a different kind of god, and so they forged a golden calf in a fire, and began to worship it, instead of the one true God. You can read the story in Exodus, chapter 32. And, you can find the actual list of God's Top Ten in Exodus 20. We also focused on one particular Commandment that mentions Mothers: #5. Yes, moms are in the Ten Commandments! So, we chatted about how we can honor moms on this special weekend. To top it off, we made some cool poofy flowers for the special ladies God has placed in our lives!

<u>Hanging Out:</u>: When you're hanging out this week, talk about rules. Two places rules come up regularly in kids' lives are school rules and game rules. What would happen if everyone could make up their own rules for a game? For extra fun, make up a card game. Get out a deck of cards and have one person tell everyone how to "win" the game. Then, let every person make one rule for how to play. As the parent, go last. Throw in a zinger yourself, and say that in this game, the parent gets to make up a new rule whenever they want. Play the game, see how it goes. Be sure to laugh a lot, and talk about why the rules worked or didn't work. Lead into talking about rules that God gives us in life. How can these rules be helpful in life?

At Dinner: Here are some great discussion starters:-

- Why do you think rules are important?
- For the person who makes rules, what kinds of things do they need to consider?
- How many of the Ten Commandments do you know by heart? (Check the list: Exodus 20)

At Bedtime: Review the verse at the top of this page. Talk again about what Alpha and Omega means .If God is Alpha and Omega, that's like saying He is A to Z! Complete, the whole package.. When you pray, thank God that He always has been in existence, and He will always be there for us through good times and bad. (Special idea: Allow your child to pray a blessing over their mom this week too.)

<u>Parent Insight:</u> The Ten Commandments contain some pretty foundational truths about the right way of living, for human beings. Take a look at Exodus 20 and refresh your memory on these Ten ideas. The first four rules are about our relationship with God. As Christ-followers, faith is central to all we do. Putting God first, worshiping only God, respecting how we use His name, and setting aside one day a week to rest and respect Him, these rules center our hearts and minds on the reality of God. The last six rules lay out how we can live with one another, human to human, in a way that leads to flourishing. Respecting parents, valuing people's lives, fidelity in marriage, avoiding stealing, lying, envy. How are you doing living according to the Ten Commandments? We all fall short of this goal. Which is why, through the grace of Jesus, we can surrender to God. His power will help us get better at life, better at living according to the two rules Jesus says in Matthew 22:37-39. Love God and love people.